

# Plateau Plunge

Never sit still! Redesigned to maximize a full week of adventure!

Specifically designed for older Scouts (13 and older), plunge off the plateau from Monday to Friday. Stay in cabins at our offsite Ocoee basecamp with highly qualified staff and participate in epic programs including challenge courses, whitewater kayaking, mountain biking, horseback riding and more!

This program costs an additional \$145.00 (on top of the regular camp fee)

Adults are welcome! (meals and transportation included)



## What to Bring

### Signed waivers!

Personal toiletries

Three changes of clothes (including long pants for horseback riding/ climbing)

Towels– 2

Bathing suit/ rafting clothes

Tennis shoes/ closed toe shoes for rafting (no sandals)

Sleeping bag

Sleeping pad (if desired)

Hammock (if desired)

Good rain gear

Backpack for overnighter

Daypack for daily use

Water bottle– 2

Scout Uniform– for Skymont

Change of clothes– for Skymont

## Tentative Schedule:

**Monday:** Depart Skymont (early) High Ropes/ Low Ropes/ COPE/ Orienteering Challenge

**Tuesday:** Whitewater trip on Nantahala/ River Guide Training

**Wednesday:** Hike and Swim/ Kayaking and SUP. Camp at high mountain Hammock Village

**Thursday:** Horseback Riding/ Mountain Biking/ Disc Golf

**Friday:** Whitewater Trip on Ocoee and return to Skymont before Dinner.